



**Conor O'Higgins**

**President**

**IPA Section Ireland**

### **IPA HIKING CLUB, IPA SECTION IRELAND**

Please find below our list of hikes for 2020. Any IPA members can join us on our hikes and friends and family members over 14 years of age are also welcome. There is no charge to attend the hikes and our hike leaders are fully trained in Mountain Skills.

We have an A and a B walk to cater for all levels of fitness. Once you can walk 10KM on a road you would be able for the B walk and the A walk is for seasoned hikers. Appropriate hiking gear and footwear are required.

We would love to invite any of our IPA colleagues Worldwide to join us on any of our hikes if visiting from abroad. Please contact us on [ipahikingclub@gmail.com](mailto:ipahikingclub@gmail.com) if you would like to attend and we can send on further details.

January 11th – Slieve Blooms, Co. Offaly

February 15th – The Mournes, Co. Down

March 28th – The Burren, Co. Clare

April 18th – Slieve League, Co. Donegal and also a Sunday hike

May 16th – Cork –Hungry Hill on the Saturday and Beara Way from Allihies Village long coast to Dursey Island on the Sunday.

June 13th – Connemara, Co. Galway, – The Derryclare Horseshoe

July 18th – Mount Brandon, Co. Kerry

August 15th – Knockmealdowns, Co. Waterford

September 12th – Wicklow Way (7 days), Dublin to Carlow. Anyone can join and take part on any of the days or for as many days as they want. There will be accommodation options or camping.

October 10th – Co. Mayo

November 14th – Dartry Mountains, Co. Sligo.

December 5th – Laragh, Co. Wicklow

Hikes are subject to change pending weather conditions/weather warnings.

**Kind Regards**

*Annmarie Larkin*

Secretary

IPA Hiking Club