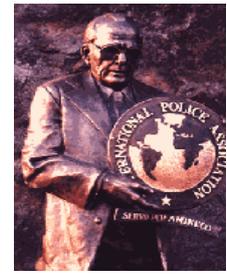




International Police Association

Professional Commission



Arthur Troop Scholarship 2018 REPORT

Name of Scholar: Mark Camilleri

IPA Section: Malta

Course attended: ASP Instructor Course

After several years of being an IPA member, I was the first member of the Malta Section who was given the International Arthur Troop Scholarship that enabled me to attend a professional training at Gimborn Castle in Cologne, Germany.

The course included techniques in baton drills, handcuffing and knife attacks. My journey started with leaving Malta on April 2nd in order to start the training the following day. From the very beginning the programme was extremely intensive.

The first day, Tuesday, began with the official opening and presenting the agenda which was done by IBZ team. Next, we were introduced to various techniques and drills of using a baton which was continued till the end of the day. All the participants were provided with the necessary equipment which included ASP batons, handcuffs, trifolds, technical light and training knives. The training consisted of a warming up, so called daily dozen, the actual techniques presentation as well as combat and interview stances (pyramid stance). Among the techniques, we were presented with the Seven Components of Power which are balance, endurance, flexibility, focus, speed, strength and simplicity.

Wednesday commenced with facilitation and instructional skills as well as the art of communication in reference to the potential subjects to be detained. This session covered various ways of preventing the subject from threatening the detaining officer and the general public. The day ended with sports activities and the discussion of the programme.

The following day involved different techniques and drills concerning handcuffs and torches. After the usual daily dozen, we were presented with such handcuffing types as chain, hinge, rigid and trifold. A 45 degree angle approach was also mentioned during this part of the course together with several demonstrations: linear and lateral flexibility which includes movements of front to back and side to side chain cuffs; linear flexibility which stands for front to back, not side to side movements of hinge cuffs; rigidity where the instructor shows

the lack of movements of rigid cuffs and flex frame technology which contains bow dragging. In this particular part we were shown the importance of correct cuffing and reduction of injury potential from excessive lateral stress due to improper cuffing. All the participants had the opportunity to verify the above presented theory in practice. In effect, the achieved skills were as follows: angle of approach, presentation, grip, control the strong hand, check, cease to exist, redirect, cover, place and push, rock and lock, slide, lock, removal, pop, place and pull, standing, kneeling and prone position.

The afternoon session included flashlight drills such as wearing them properly, placement of TLC on belt, third hand concept (traffic stop, interview and cuffing), dominance (wall of light, target and silhouette) and belted beam positioning. In the practical part, the participants gained several skills: presentation (ice pick grip), place and push and painting. Sports activities and discussions were the final part of the day, before dinner.

Friday morning began with examination of the theoretical part followed by two training sessions done by the participants themselves, which was assessed by the instructors. After the lunch break, we continued with knife defence and emergency techniques by the German Special Police Unit which also involved practical sessions. Afterwards, we took part in lectures regarding explosives. A trip to Cologne was the next part of the programme which consisted of visiting the city and its main attractions which finished with a common dinner in a traditional German restaurant.

On Saturday we dealt with scenarios covering all the previously introduced and practised techniques and drills.

Summing it up, it was a 5-day intensive training full of theoretical and practical knowledge owing to which I became an ASP Instructor, which undoubtedly will be an asset to my current career as a VIP Protection Officer.

Mark Camilleri
IPA Member
MT-015